



## EVERGREEN DAY SCHOOL EXTENDED DAY

### Preschool Extended Day Schedule:

12:30 – 12:40pm	Bathroom visit
12:45pm – 1:15pm	Rest/quiet time ~ stories/music on CD is played and some read books independently
1:15pm – 3:00pm	Activity or free play, snack, bathroom/tooth brushing, visit the Motor Room (some friends may continue to nap until 1:45/2:00pm)
2:50pm	Story time
3:00pm	Some children will be picked up by 3pm; the other children get ready to go outside
3:10pm – 3:50pm	Outdoor or Motor Room (in the event of inclement weather) play
3:50pm – 4:00pm	Children will return inside to be picked up. To minimize transitions, some caregivers opt to gather their child's belongings first and pick up their child outdoors.

### Toddler Extended Day Schedule:

12:30 – 12:40pm	Bathroom visit
12:45pm – 2:30pm	Nap/quiet time ~ stories/music on CD is played. Quiet activities are provided for early wakers
2:30pm	Bathroom, diaper changing, tooth brushing
2:30pm – 3:00pm	Snack and free play
3:00pm	Some children will be picked up by 3pm; the other children get ready to go outside.
3:10pm – 3:50pm	Outdoor or Motor Room (in the event of inclement weather) play
3:50pm – 4:00pm	Children will return inside to be picked up. To minimize transitions, some caregivers opt to gather their child's belongings first and pick up their child outdoors.

Extended Day is offered from 12:30-3:00pm or 12:30-4:00pm Monday through Friday following the child's participation in the morning program. Parents wishing to enroll their child for this program must sign up in advance to guarantee a space. For an occasional "flex extended day" open to all age groups on a space available basis, please register in the office.

Children staying for any number of extended days need a crib sheet and a small blanket for rest. Typically, toddlers are grouped together; depending on enrollment, preschoolers may be organized into "napping" or "resting" rooms, with the napping room intended for those children who sleep. We will try to accommodate the needs of all. Experience has led us to the philosophy that any child who falls asleep naturally at rest time requires that nap, and while we respect the desires of the parent, the sleeping child will be allowed to sleep for 30 minutes minimum.

Please label all items and bring them to school in a labeled bag with child's name on the outside. Rest items will be stored in cubbies and are sent home weekly for washing. "*Special cuddly friends*" are welcome at rest time.