



**Extended Day Newsletter  
September 2008**

We are looking forward to a great year in the Extended Day program. Extended day is available at the start of the school calendar and throughout the year. If you are interested, please see Debbie, the office manager, or Jeanne, Asst. Director, for more details. The Extended Day staff this year includes:

**Preschool Group**

Kathy and Rosemarie (Purple Room teachers)  
Dona (Blue Room teacher)

**Toddler Group**

Courtney and Sherry (Orange Room teachers)  
Friday during staff meeting: Mary Alice and Debbie (toddler and preschool combined)

Extended Day is divided into two sections, according to classroom and age. Children from the Orange and Yellow Rooms rest and play in the Orange Room while the preschool group (Purple, Green and Blue) uses the Blue and Green Rooms for rest and play. Both groups of children, **REGARDLESS OF AGE**, have a state required rest period for 45 minutes. Children that take a longer nap in the afternoon are provided a quiet place to sleep until they wake. Teachers play quiet music and story tapes during rest and each child has a mat to rest on. Experience has led us to the philosophy that any child who falls asleep naturally at rest time requires that nap, and while we respect the desires of the parent, the sleeping child will be allowed to sleep for 30 minutes minimum. Please make sure your child has a **CRIB SHEET, SMALL BLANKET AND CUDDLY** for rest. These materials are kept in blanket bags and are labeled with each child's name. This helps keep the materials sanitary and cuts down on the spread of germs and lice. Rest materials are sent home weekly to be laundered. Please do not send large pillows with your child, as we do not have sanitary storage space available for these items.

After rest time, children have free play and snack. There is also time for outdoor play or gross motor activities in the motor room. Art projects, dramatic play, drawing, building with blocks and exploring playdough are activities that are available on a regular basis. We also cook, read stories and just enjoy being together!

Pick-up is at 3pm or 4pm; depending on the time for which you registered your child. When the weather is nice, the children will be on the playground from approximately 3:20 until 3:50 and then will come inside to be picked up. Please be prompt as children often become anxious when parents are late, and teachers have afternoon activities of their own. If you would like to speak with a teacher, please come a little earlier as dismissal can get hectic for all involved. Evergreen's late policy charges \$1 for each minute that a parent is late after the 5 minute grace period (3:05 or 4:05).

If you would like to sign your child up for a flex afternoon, please see Debbie in the office. Stay tuned for more information about our year. Happy Fall!

Jeanne Akasten  
Assistant Director